

# RELI BALM™

## Neck & Shoulder Rub



### COMPOSITION

Each gram contains extract of *Mentha spp.* as l-Menthol 80 mg, Extract of *Cinnamomum camphora* as d-Camphor 45 mg, Eucalyptus Oil 180 mg, & Mint Oil 10 mg.

### PHARMACOLOGY

Menthol is a vasodilator. It dilates the blood vessels, produces a feeling of coolness and produces analgesia. Camphor is topically used as a pain reliever. It acts as counter irritant and numbs the nerve endings that inhibit the transmission of pain sensation. Eucalyptus Oil is highly active against rheumatic complaints. Moreover mint oil provides relief from myalgia and neuralgia.

### INDICATIONS

- Pain in neck and shoulder
- Pains in Muscles and joints
- Relief of minor aches

### DOSAGE & ADMINISTRATION

For adults and children over 12, rub well on the affected area. Repeat 3 to 4 times daily. For children 12 years of age or younger, consult a healthcare professional before use.

### SIDE EFFECT

Not known.

### CONTRAINDICATION

Not recommended for infant & young children.

### PREGNANCY & LACTATION

Should be used with caution or seek the advice of a healthcare professional before use.

### DRUG INTERACTION

Not known.

### PRECAUTION

For external use only

### WARNINGS

When using this product:

- Use only as directed
- Avoid contact with eyes and mucous membranes
- Do not apply to wounds, damaged or irritated skin
- Do not bandage or cover with wrap or use heating pad
- Do not use 1 hour prior to bathing or within 30 minutes after bathing

### STORAGE

Store in a cool & dry place, below 30 °C. Protect from light & moisture. Keep all medicine out of the reach of children.

### HOW SUPPLIED

Reli Balm™: Each box contains 25 gm tube.

Manufactured by  
**SQUARE PHARMACEUTICALS LTD.**  
HERBAL DIVISION  
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[www.squarepharma.com.bd](http://www.squarepharma.com.bd)

